

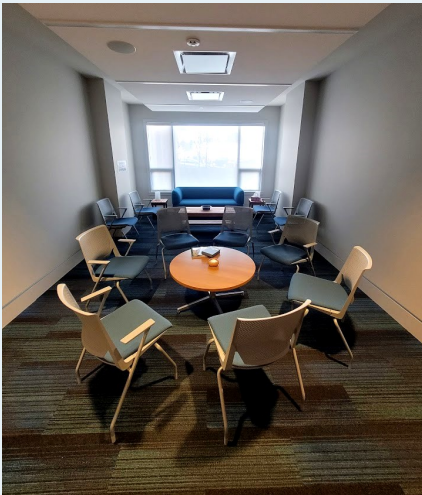
Reflection Room

Our Reflection Room is our sacred space for anyone who wishes to visit to pray, reflect, meditate, contemplate, or engage in Spiritual practice. It has held us as we have gathered for our Prayer Circles. It has comforted our grieving families who have experienced loss, and has been a safe space for others to share their joy, to seek council or to discern in their own quiet time.

Blessing

In each breath this day, may there be peace.
In each step this day, may there be grace.
In each word this day, may there be compassion.
In each encounter this day, may God's presence be known.
Amen.

Circles of Grace - Keri K. Wehlander



Como Lake United Church Reflection Room

We Are So Grateful

We are so grateful to all of those who have helped us along our exciting and challenging journey to make our way back home!

Your skills and talents in all aspects of this development, your organization, design, engineering and artistic perspective, your listening ear and prayerful support are noticed! You have our deepest gratitude for all of your efforts over the years, and still today.

~ The Como Lake United Church Congregation

You are welcome to join us!

Worship Service: Sundays 10:30 am
Prayer Circle and Labyrinth Walk: Tues 9:30 am
Tea Tuesdays: Tues 10:30 am
Prayer Shawl Ministry: Every second Tues noon
Bible Study: Wednesdays at 7:15 pm
Email for the Zoom link.

(Email our office to be put on our mailing list for information on upcoming programs and events.)

Como Lake United Church

Mailing Address:
1000-1110 King Albert Ave, Coquitlam, BC V3J 0M7

Location Address:
535 Marmont Street, Coquitlam

Phone: 604-931-8555
E-mail: office@comolakeunited.ca
www.comolakeunitedchurch.com

Email us for information on rental bookings.

Como Lake United Church



*We are Christ's caring community
connecting people with God
and with one another
answering God's call and
making a difference.*



Como Lake United Church Sanctuary

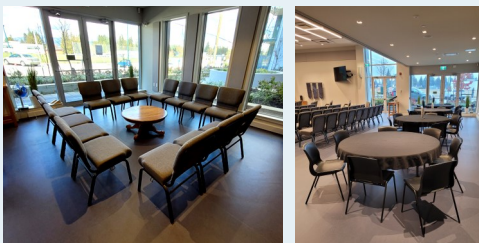
Our Sanctuary

Our Sanctuary is the heart of our home!

With the warmth of our congregation and God, modern features, and an epic audio visual system, our new Sanctuary has become a hub for worship and gathering, prayer and song, as well as a safe space for family services such as baptisms, weddings and memorials.

On the day of our first service at our new building, August 7, 2022, we gathered everyone in a circle and together blessed our Church. You are always welcome to join us too!

The space can hold 150 people seated, with an overflow space for 50 more! What is known as the Overflow Space, has actually become quite a Gathering Place, that hosts Tea Tuesdays at 10:30 am, various meetings in our Garden Square, and has already entertained a long-table dinner or two.



Como Lake United Church Overflow Room – “Garden Square” and “Gathering Place”

Labyrinth Hall

Another of our treasured spaces in our new Como Lake United Church is our Labyrinth Hall. Our Labyrinth is a quiet place to center oneself, pray, meditate, or to engage in peaceful contemplation. It certainly reflects the journey that the Como Lake United Congregation has taken from discernment to re-gathering in our new space in 2022.

WHAT ARE LABYRINTHS?

Labyrinths are found all over the world, and in different cultures. They are found, as an offering from the past, in caves, ancient churches, and cathedrals. They are now an important feature in contemporary churches and retreat centers.

At Como Lake United Church we use the seven-cycle Labyrinth, with each cycle representing the course of our lives—never a straight path, while we move with the ebb and flow of the changes we experience in life. The Labyrinth path always leads us to the center and out again.

The Labyrinth teaches us the connection between prayer and movement—a physical representation of journey of our lives, and the importance of trusting the Spirit to guide us along our individual journeys.

Join us on Tuesday mornings at 9:30 am for our Prayer Circle and Labyrinth Walk program, or call the office for times when the Labyrinth is open for self-guided quiet time.



Como Lake United Church Labyrinth Hall

Atrium

As you enter Como Lake United Church from the Marmont Street door, you are welcomed by two of our glulam arched panels from the old building. Each carved many years ago, but now sit in complement in with the clean lines and modern architecture of our new building.

The stained glass panels in our entry and in our lounge area are pieced together from the glass in our old building, carefully and lovingly, recreated into mosaics by Evelyn Burch owner of Pacific Glass Works.

With elegant overhanging lighting and wood panel accents, our Atrium has become a staple common space during events, playing host to some of our ministry groups and has also become a beautiful backdrop for buffet table setting and general congregating.

The Atrium corridor leads us to our other functional, but well designed areas including: our kitchen, lounge, office spaces, meeting room and welcoming reception area, all of which work to make the light of our ministry shine bright!



Como Lake United Church Atrium